

Chaska Skate School Learn to Skate Class Descriptions

For more information regarding skate lessons, please contact Chaska Skate School Coordinator, Kristie Mitchell at sk8klmitchell@aol.com or phone number (612-237-9946) or Arena Supervisor David Wabbe at dwabbe@chaskamn.com or (952) 227-7777

Learn to Skate! Beginner Classes: Snowplow Sam 1-3

Snowplow Sam 1, 2, 3: For ages 4-7 focusing on fun, comfort and movement on ice with games, songs and toys. Student attends class without parent on ice. Skaters progress from one level to the next by achieving required elements. Skaters having little or no experience should start in Snowplow Sam 1. Skaters able to move across the ice forward should start in Sam 2.

Beginner LTS: For ages 8-13 focusing on fun, comfort and movement on ice. Skaters progress from one level to the next by achieving required elements. For skaters with little or no experience.

Build Your Skills! Basic Skills Classes: Intermediate and Advanced LTS for Ages 4-13

Progressive classes for ages 4 and up who have already passed Sam 3 or Beginner LTS or can already skate forward, stop, glide on one foot and skate backward. Skaters will learn a variety of basic skating skills, proper techniques and safety. These levels introduce the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns, and Mohawks. Upon completion of the Intermediate and Advanced levels, skaters will have a basic knowledge of the sport, enabling them to advance to more specialized areas of skating. Each level will introduce new skills which build on the skills they have already mastered, ensuring new challenges in each class.

Improve Your Game! Hockey Skating Skills: Ages 4+

** Must have passed Snowplow 1 & 2 or Beg LTS (or previous hockey experience, must be able to skate forward and some backwards) before enrolling in the Beginner Hockey class.

Beginner, Intermediate and Advanced Hockey: A basic skills track for skaters primarily interested in developing skills for hockey. Curriculum jointly developed by US Figure Skating and USA Hockey. Skaters must pass Snowplow 1 & 2 or Beginner LTS prior to registering for Beginner Hockey. Required gear: helmet, gloves and stick (bike helmet/hockey helmet/winter sports helmet all ok). Please note: this is a HOCKEY SKATING class only pucks will not be used.

Your Never to Old! Adult/Teen Skating Classes: Ages 13+

For beginning or advanced skaters. Get help learning new skills, refine your skating skills and/or learn more advanced moves. This class exclusively for teens and adults allow skaters to progress at their own rate while being challenged and motivated. Classes cover multiple levels. Curriculum customized to participants.

Learn to Jump and Spin! Figure Skating Skills Ages 6+

**Must have passed Advanced LTS or have all the necessary skills required to perform advanced moves.

Pre-Figure Skating: For skater who have passed Basic 6, to develop figure skating skills.

Figure Skating: For skaters who have passed Pre-Free Skate and are interested in developing figure skating skills. Free Skate classes will compose of Skating Skills, Footwork, Jumps and Spins.

Axels/Doubles: For skaters who are working on Axels and Double Jumps. All levels will be taught as part of a combined class.

Spins (Beginner-Advanced): For skaters who have passed Intermediate LTS and are interested in refining/developing basic or advanced spins.

Figure Skating Specialty Skating Classes: see description for requirements

** The following classes are offered during limited sessions depending on availability. Please see the current class schedule to find out if these classes are being offered.

Ice Dance: For skaters looking to learn moves, steps and turns needed for solo free dance or pattern dance.

Spins: For skaters looking for extra help with spins, this class focuses on spins of all levels.

Footwork: For skaters who have passed Advanced LTS and interested in refining/developing basic or advanced footwork and edges for free skate programs.

Artistry and Edge Workshop: A supplementary workshop for figure skaters who have passed **Intermediate LTS** and would like to develop stronger edges, extension, and presentation. Offered in May.

Power Edge: For skaters who have passed Intermediate LTS and would like to develop more speed, power and edge control. Offered during summers only.

ADDITIONAL INFORMATION REGARDING FALL 2020 SKATE LESSONS

- For course descriptions, please visit the CCC website.
- Snow Plow Sam 2/3/4, Intermediate LTS, Spins, and Hockey Beginner/Intermediate/Advanced will be limited to 10 participants per class.
- Rental skates will be available for use for \$3.
- Advanced, Figure Skating, Axels and Doubles will be limited to 15 participants per class and classes will be split up based on skill level.
- Due to COVID-19 restrictions, all participants **MUST** be able to walk across the ice independently and be able to stand up on their own after a fall. For protection of our teaching staff, we reserve the right to withdraw any participant needing hands on assistance.
- Class maximums have been adjusted to meet the guidelines for COVID19.
- Classes may be combined if participation minimums are not met.
- No refunds or make-ups for missed class sessions.
- One parent/guardian is allowed in with skate lesson participant; no siblings. Parents are remain masked to watch lessons from bleacher area to allow for proper distancing.